

HILL VIEW BUSHWALKERS

"TO PROMOTE HEALTH AND PLEASURE

THROUGH

WALKING AS A GROUP"

DON WOOLLEY

ACKNOWLEDGEMENTS

Hill View Bushwalkers is a group of people who enjoy walking together once a week in coastal, inland and suburban locations in and around Sydney and its environs, with a few longer trips further afield.

Jean Allen and Anne Eggins developed, nurtured and treasured this walking group for nearly two decades, building on foundations that had been well laid by Barbara Hamilton. Their commitment and the good things that led from it, were the triggers that started me on this project. It seemed that the story of the walking group's origin and of the way it developed is an interesting one in its own right, but it is also one that new members joining in later years might like to know about and acknowledge.

Jean and Anne gave me notes, anecdotes, and facts and figures from their memory banks – a basis from which a start could be made. They had been prolific producers and collectors of photographs during their years with the Hill View group, and had maintained a series of photo albums. These contain photos arranged in date sequence, one or two years to a book, from 1990 till 2007. Separate volumes were maintained for social activities. Most of these photos, of which there are hundreds, are accompanied by a short description of location, context, or specific interest, and most are also accompanied by a list of names. The collection has been lovingly maintained by Faye Smith since the departure of Jean and Anne. It is a treasure trove, and a major prop for this history. I am grateful to Faye for the loan of this precious material.

Kath McKeon loaned me photos and programs meticulously kept from her start in 1984, and led me to Barbara Hamilton who also gave me insight and information about the beginnings of this group and loaned me some of her photos. Joan Reale also helped with early memories and photos.

Because I do not know who took most of the photos I have used, I have mostly not acknowledged individual photos. Most of the photos from early years were taken by Shirley Mannion, Faye Smith and Lorraine Clowes, and by Jean and Anne in the very early days. Kathryn Hill has been helpful with information and photos relating to her mother Marge Hill and her association with the group. I hereby acknowledge and thank everyone whose photos appear in this work.

Jill Willington has been a major help with editing and checking the text, and has contributed several large sections that have been incorporated in various places. She has also been invaluable as a source for information and names from the early years.

Mary Gotham and her group of summer walkers at Charlotte Pass in February 2015 spent part of their leisure evening time going through an early draft noting errors and omissions, and identifying numerous people in early photographs.

Finally – everyone in HVB! Thanks to you all.

Don Woolley February 2016

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BEFORE THE BEGINNING

"Hillview" is a lovely old building on the Pacific Highway in Turramurra, just east of Kissing Point Road. It was built in 1913 by Edmund Paul, on land that had originally been owned by Thomas Boyd. Boyd received a 100 acre grant in 1832 after service in the Napoleonic wars with the Royal Veteran's Corp. After cutting timber for use in the colony, Boyd planted an orchard there in 1845 and for many years the area was known as Boyd's Orchard. His name survives in Boyd Street, which forms the rear boundary of the current property. The name "Hillview" was first applied in 1902 to a health resort built on some of this land, and operated by Mrs E Burton.

Edmund Paul who was a prominent Sydney businessman (Managing Director of Schweppes, Chairman of APA Insurance, Board Member of Ampol) purchased some of the Hillview land together with some surrounding land. He took advantage of the prominence of the site at the top of the ridge and its proximity to the railway station (then known as Eastern Road Station) by building a high class boarding house. It is described in the Heritage and Conservation Register maintained by the Department of Roads and Maritime Services.

"...Paul also built a large two-storey building behind the original cottage. The new building which was oriented away from the street and towards the view provided all the facilities necessary for a quality guesthouse. These included a library, dining room, drawing room, breakfast room, morning room (parlour) and conservatory. A viewing platform over the front porch afforded spectacular views of Sydney.

The building boasted high-quality materials and finishes throughout, including marble columns in the entrance hall, quality joinery, hardware, plaster work, leadlight, fireplaces, and verandahs with detailed timber balustrades."



Hillview, 2015

The building was converted to flats in about 1926, but flats were regarded with suspicion by Ku-ring-gai Council because they threatened "not only the environmental quality of the suburb, but also its moral tone". Thus it seems that the building was no longer so grand. It was purchased by Ku-ring-gai Council, but by 1977 it had become a white elephant, was in a rundown condition and had an uncertain future. Dr Tom Acheson, who was at the time the president of the Kissing Point Road Progress Association and who was a capable and persuasive administrator, convinced the NSW Health Department that an excellent use for the building would be as an "out-station" for Hornsby Hospital. The building was refurbished with funds raised by the combined Rotary Clubs of Ku-ring-gai, and converted for use as a regional health centre operated by Hornsby Ku-ring-gai Hospital (North Sydney Health Region). This was a great improvement on other possible outcomes, such as demolition and replacement with houses, an

office tower, or apartments for example. It was officially opened in 1978, but some services had commenced before this.

The site quickly became established and was operated as an important and useful provider of supplementary health services for many years. It is still (2016) being used to provide health services as part of Hornsby Kur-ring-gai Hospital, and lifestyle programs are still being delivered from the property.

The character of the original buildings can still be appreciated, although they are showing signs of neglect. The remains of a low stone wall with a low column bearing the Hillview name, behind a pair of elegant wrought iron gates standing on the northern side of the site just inside the boundary with the Pacific Highway, are reminders of a gracious past.



Hillview wall remnant, 2015

THE BEGINNING

What, you may well wonder, does all this have to do with a walking group in 2016. There is a clue in the name, of course, but there is rather more to it than that!

This is the time to introduce Barbara Hamilton, who was a key factor in establishing a walks program based at Hillview. Barbara was a highly qualified teacher who found herself in Sydney in 1971, looking for a job. She had experience, a B.A., a Diploma in Town and Country Planning and a Dip. Ed. and was very interested in botany. As it happened, the Department of Education had just advertised for a teacher to establish a program at a new Field Study Centre to be established at Muogamarra, and Barbara thought that it would suit her very well. Being in favour of direct action, she went in to the Department's office and applied for the post on the spot. They gave her six months to set up the program, and she commenced running it the following year.

This was the first of the Field Study Centres to be set up by the Department in NSW, and was a great success. Barbara was a good choice, and had the support of Allen Strom who was the environmental consultant to the Education Department at the time. She later taught new teachers preparing for the opening of additional centres in Dubbo and Wirrimbirra. However, in 1977 she was disappointed to be moved on and spent time teaching in several Sydney schools. By early 1979 she had had enough, after teaching ecology for seven years, and resigned.

This was when the Hillview connection occurred. Barbara was engaged by the Health Department to run a walks program as part of the Healthy Lifestyle Program that was developing at the Hillview Community Health Resource and Information Centre. She was paid a very small amount to establish and run a walking program on three days per week. Her memory of when the walking program actually started is uncertain, but an advertisement advising of the commencement of the program was placed in the North Shore Times some time in 1979. We know this because Kath McKeon, who is still an active member of the group, saw the advertisement and resolved to join the group, but did not do so at the time because she went to live in England in 1979. It was 1984 before she eventually joined, by which time the group had been in operation for some time and probably since 1980. Barbara recalls that a North Shore Times photographer accompanied the group on the first walk, when there were five participants.



Barbara Hamilton, 1987

Barbara was particularly interested in artistic pursuits, and on Mondays she led a short walk that was used as a way of getting to good places for artistic interpretation of the landscape. Instructions to participants were "A short walk – bring your sketch pad". This program did not last very long, however. On Tuesdays there was also a short walk, in the morning only, but the sketch pads were not invited. Later, Jo Rickard took over the Tuesday walk. It was still on the program in 2000, which was the last year that the Friday walk was conducted under the auspices of the Health



1993 Barrington Tops



1985

Barbara Hamilton, with the two Marys, arriving at Isla Bairstowe's house.



Isla Bairstowe, 1985

Department. On Fridays there was an all-day walk with morning tea (an apple stop - no cake allowed!) and lunch stops along the track. This was the foundation for the current HVB program.

Barbara was known for her attachment to a black and tan Kelpie who walked with her, unless the planned walk was in a National Park, and enjoyed rounding up any stragglers. With her knowledge of botany and ecology, Barbara especially enjoyed a study of the NSW landscape. A hand lens on a cord around her neck for examining flowers and small insects was a badge of honour. One outcome of her knowledge and enthusiasm was a very useful booklet, "Notes on Bushwalks in Sydney's Northern Bushlands" published in 1984 by the Hornsby and Ku-ring-gai Hospital.

The walk program was complemented by a longer end-of-year camping/walking expedition. Barrington Tops was a popular early venue, but later a week at Mt Kaputar was highly successful.

End of year cruises and barbecues also contributed to the social cohesion of the group. Other social events were important too, in developing the friendly and inclusive environment in the group that is still an outstanding feature of HVB. One of these was Barbara's birthday party in 1985 at the home of Isla Bairstowe. Barbara arrived dressed for the part in the company of "the two Marys" - Mary Salier and Mary Christmas - who were inseparable friends. An interesting clue about Barbara's approach to life is the instructions in the Walk Program about the Christmas party one year - "Dress - Eccentric". It must have been a fun group.

Isla, who was a librarian with WEA, walked with the group well into her 90s. After she stopped walking she is reported to have visited Timbuktu and the Antarctic, and done a parachute jump from a plane. She was renowned for her storytelling on the camping trips.



Joan Reale's photo taken on her first walk September 1986

???, ???, Ken Evans, Ruth Ellis, ???, ???, Jenny Denawald, Barbara Hamilton



Val Williams, Joan Reale, ???

Two people who walked with Barbara's group and are still members of HVB are Kath McKeon and Joan Reale. Kath McKeon has been walking with the group for longer than any other person. Her first walk was on 6th March 1984, and she still walks regularly on the monthly Social Walks. Joan Reale joined in 1986, and has a photo she took on her first walk in September of that year. Joan reports that in those days the walking pace was quite relaxed and there was much stopping to look at the wildflowers and to take photographs. She also still walks with the monthly Social Walks group.

Other names from that era still associated with HVB or remembered from this early period are Jo Rickard, Gwyneth Campbell, Shirley Mannion, Daphne Floyd and Margaret Hamilton.

Kath McKeon has kept all her old Walk Programs, which were issued on a six monthly basis as part of the Hillview Healthy Lifestyle Program until 2000. It is fascinating to read through them to see how things have changed - meeting places, instructions, costs, and how much has stayed the same interesting walks, social activities, barbecues, cruises, and friendliness, for example.



1988 Near Crosslands



1987 Healthy Lifestyle!

Kath McKeon, ???, Barbara Hamilton

A NEW BEGINNING

Jean Allen was a senior administrator with the Dept of Education, working in the "new" MLC office tower at North Sydney, when she retired. (For younger readers, it should be emphasized that this was a pioneer building – the first multi-storey office block in North Sydney, far from the Sydney CBD and presumably a bit of a gamble for MLC. But it was the correct move at the correct time, apparently – by the look of North Sydney today.) Anne Eggins has also offered some MLC trivia - as a first year student at North Sydney Girls High, she attended the opening of the building by the Queen in 1955, and later worked there for the Education Department with Jean.

Jean was happy to leave the anxieties and responsibility for decisions behind her in the Department, with no more need to decide what to do about such emergencies as a Departmental car loaned to French visitors and abandoned on the Harbour Bridge when it ran out of petrol. It must be said in retrospect though, that such experience stood her in good stead in later times, when she had to deal with the occasional emergency during a walk.

With Fridays now free, and time available to indulge her interests, Jean joined the Friday walking group in 1988. Her leadership ability would immediately have been apparent, and when Barbara Hamilton went on a holiday later in the year, she "told" Jean to look after the Friday walks — "just follow the Program". That was easier said than done, though, because the program had detailed information about how to get to the start of the walk, but no information about the walk itself — those details, of course, were in Barbara's head, to which Jean had no access.

That is where Anne Eggins came on the scene. She was a District Inspector/Cluster Director in the Education Department, and had met Jean at the North Sydney office. She volunteered (one cannot be sure if that is a passive or an active verb in this context!) to help, and the two of them spent many weekends on exploratory walks working out where they were supposed to go. This enabled Jean to lead the Friday walk with some degree of confidence.

Barbara Hamilton eventually came back from her holiday, but after a couple of weeks announced to the Friday walking group that her hip was now too sore to walk any distance, but "not to worry – Jean would look after them". Jo Rickard, famous for her knowledge of fungi, had already taken over the Tuesday morning walks. So the frantic weekend walk checks that Anne and Jean had commenced had to continue, and Jean successfully negotiated the rest of the program for that year without the loss of a single walker.

1989 – Jean Allen's First Program

Jean, with Anne's assistance, prepared the 1989 Program but isn't saying much about the effort (both physical and mental) that went into it. As it must have been for Barbara in her early years, it would have been quite a task - designing a weekly program in advance for a 5 month period, establishing that there were identifiable tracks and starting points, means of access, distances and times - all the things that they could cover with aplomb in later years after they had some experience under their belts. But for that first program they were relying heavily on sweat and determination.

Barbara Hamilton came to assist Jean with the first walk of the Program on 3 March 1989. There were 28 walkers, and the combined memory banks indicate that those present included Norma Glyde, June Sutherland, Ken Evans and 6 Japanese ladies. Anne Eggins' first walk (apart from all the trial and exploratory weekend walking) was on 31 March that year - she says it must have been a flex day!



Evans lookout 1992 Mina Tavakoli, Angus Murdoch, Judy Ginns, Ian Vacchini, Jean Allen



1993, Box Head

Kas Loomes, Kath McKeon, Eoin Wilkinson



Marge Hill with group at her home, 1994



Group near West Head, 1994?

1989 – 2000 THE CONSOLIDATION YEARS

These were the remaining years of the Health Department Lifestyle Program sponsorship of the Friday walking group, which had become known as the Hillview Bushwalkers. Jean and Anne continued to prepare a half-yearly program, 6 months in advance, with significant help from Jill Willington and a number of others in the later stages. They relied on a number of ways to help choose walks:

- They used their own experience (initially limited, but which expanded rapidly, of course).
- They received suggestions from friends, although it is reported that some of these suggestions turned out to be dangerous (how, one wonders?).
- They used Neil Paton's excellent books. Neil was a keen and experienced bush walker and wrote many books, including Treks in NSW, Sydney Bushwalks, Walks in the Blue Mountains National Park and Walks in the Sydney Harbour National Park.
- Looking for green patches in the street directories although this method was often disappointing.
- Finding a gate and wondering where the path goes on the other side often more rewarding. (Now *there* is a clue to the success of the group!)

Walks always started at Hillview, where those proposing to walk gathered to chat, catch up with the latest gossip, and pay the daily fee (\$3, and later \$5). It was a convenient location, close to Turramurra Station but with limited off-street parking where cars could be left for the day. Walks were always checked before the official Friday walk — and that sound foundation is still an important part of current procedures. In the early days, a lot of the checking was done at weekends so that Anne, who was still working, could help. Sometimes, in desperation, a walk was checked before or after Anne's work, but even so there was only one occasion when the sun went down too early and the two intrepid explorers had to find their way back to the car in the dark. From the beginning a strict protocol was established to always leave from Hillview at the time stated on the program. When the last car from Turramurra arrived at the track head the walk commenced.

Checking of walks became easier, and a real pleasure, after Jill Willington joined the group in 1994. Jill's husband had died in Neringah, and she was referred to the Hillview walking program by Gwyneth Campbell who was a social worker there. Gwyneth was one of the original members of the walking group, and referred many new widows to the group. Gwyneth had an interesting background having lived when young in India at the time of partition at the close of the British Raj and was brought up by ayahs (maid or nurse). She was considered to be quite an eccentric lady, always issuing orders and expecting to be obeyed as if she was still in India - not that anyone took any notice. However Gwyneth had a wonderful capacity as a compassionate, helpful and practical social walker. Jill is a company tax accountant and did a lot of work from home, so could keep Wednesdays free for check walks with Jean.

Jill and Jean had many adventures and Jill soon found out that leading a walk with others following was a lot more difficult than when she walked over the years with her husband who led and she followed. Many times Jean and Jill set out to check a walk of 12 km and ended up doing 22 km. They seemed to spend a lot of time climbing over and under fences, ending up at railway lines and cliff faces, and at creeks where a rowing boat would have helped. At Winmalee they ended up on the playing fields of St Columba's College and were politely escorted off by students. On one occasion, Jean had arranged to

meet the Director of the Crosslands Convention and Field Study Centre where he was going to show them a walk. With the Director they ended up parking on a firetrail and going off-track straight down a steep bank to the creek below. It was so steep they were hanging on to branches to slow down. After struggling along the creek for some time they had an equally steep ascent back up to the firetrail. Jean kept whispering to Jill, 'this is not for our group'. At that time there were only a few maps showing walking tracks, and signposts at intersections along tracks were rare. Connection to the internet among the group would have probably been non-existent and there was certainly no GPS. Even with great care – redrawn maps, copious notes and treasured memories, things can go wrong and one example is a walk in the area north of Galston. When checked the track was dry all the way but on the walk day the tide time had changed and the tide was particularly high – it was "off with the boots" and quite a long paddle.

The group was always quite a polyglot one, and in those early days there were people from Japan (Fumi – still keeps in touch with Jean); Canada (Sue, the Canadian Ambassador's wife, still writes to Hillie Foggo, and they exchange visits); UK (Christmas cards still come to Jean from Winn Mitchell); France (Roger Baudoin walked until a couple of years ago, and still lives in Turramurra); Malaysia (Kas Loomes - a very active member); Austria (Hedy Schiller's son Kurt joined later too and was the founding President of the incorporated group); Russia (Tamara Cronin); USA (Bernadine Schultz); Holland (Ben Velling, and Jan Ruys sadly no longer with us); and Iran (Sha Kaboli, Roshan Keyanian). This great mixture has continued, and has also developed a reverse trend – members now have (or have recently had) children and grandchildren in Russia, Thailand, Canada, Jordan, Japan, and probably many other countries.

Among the Hillview walkers there were (and in most cases, still are) teachers, accountants, surveyors, geologists, pharmacists, nurses and doctors among other interesting occupations. Margaret Hamilton,

originally from England was an expert ornithologist and knew every bird that the walkers came across. While the rest were trying to locate the bird in question Margaret would have it already identified. Hillie Foggo is an Australian wildflower expert and artist.

Culture

The ethos of the group was confirmed and consolidated during these years, with great thoughtfulness going into planning the Program and conducting the walks. It remains very much part of the group today. Care for other walkers, respect for the leaders, interest in and care of the natural environment, attention to safety aspects of walking in the bush – the importance of all these was emphasized, and enhanced by the example set by the leaders. The motto "To promote health and pleasure through walking as a group" was adopted and neatly encapsulates the group's credo.

Cultural aspects were not ignored, and a tradition of reading poetry at relevant places and times was established. Henry Lawson was favoured as a good source of verse to recite on a bushwalk, and there were a couple of particularly nostalgic spots at which his poems were



Jean Allen reading some Henry Lawson

read. One is the statue of Lawson near the Herb Garden in Royal Botanic Gardens, where Jan Ruys, Ray Glyde, Keith McDonald, Shirley Mannion and Jean Allen respectively read verses 1 to 5 of "Sez You".

Another place was the cave in Artarmon (not far from W B Griffin's famous incinerator), where Ray Glyde recited "The Horseman on the Skyline" on one early walk. This cave was used by Lawson as a place at which to dry out after one of his benders, and is still noted as it is passed on a walk in that area. Ray recited some of those famous words in 2014. In the same area (at Echo Point) two leaders on a recce in 2014 noted a reference to Henry Lawson on an information sign near the proposed lunch spot. In 1898 Henry Lawson placed himself in Resthaven for a few months where he wrote one of his short stories - "The Boozers' Home". Resthaven (the old Echo Point Farm) was also known as the Inebriates' Home, and was a place for recovering alcoholic men. The more practical of the two reconnoitring leaders managed to download a copy of the work from the internet, and found it to be a piece written while he was drying out and feeling quite depressed about the mess he was making of his life. Although a copy of the words was available to both leaders, neither remembered to take a copy on the walk and those words of wisdom remained unspoken on that occasion.

Henry Kendall was another favoured poet. He was born in Kirmington near Milton in NSW (close to where Jean and Anne now live), and had little schooling because his parents were alcoholics. He died at 43 from consumption, resulting from a hard life during which he worked in a variety of occupations and finally as an Inspector of Forests. His love of the Australian bush is evident in his poems and he liked to put NAP after his name "Native Australian Poet". Jean recited the last verse of his "Bell Birds" (below) during a walk in the Grand Canyon, a favourite walk in the Blue Mountains.



BELL BIRDS (Henry Kendall, Last verse)

Often I sit, looking back to a childhood,
Mixt with the sights and the sounds of the wildwood,
Longing for power and the sweetness of fashion,
Lyrics with beats like the heart-beats of passion;
Songs interwoven of lights and of laughters
Borrowed from bell-birds in far forest rafters;
So I might keep in the city and alleys
The beauty and strength of the deep mountain valleys:
Charming to slumber the pain of my losses
With glimpses of creeks and a vision of mosses.

There was also some in-house poetry, an activity now sadly lacking and worthy of revival. The first attempt was "Water", penned by Jean and recited by Anne at Pulpit Rock (the one near Beauty Point near the Spit Bridge). Chris Wood, who was on that walk, thought she had in her archives the only known existing copy of the words of this work, but sadly they were not there.

Another epic, penned in frustration by Jean on the spot one day, survives and depicts the problem of finding one's way around the many tracks that criss-crossed Garigal at that time. Signposts were few and far between. There were tracks everywhere that walkers had made over the years but no longer in use, and as a result you could easily walk around in circles. Many times during checking the route, Jill would say to Jean "I think we have been here before, Jean" and Jean's reply would be "Yes, well more than likely". The challenge then was to remember what you had done when it came to the day of the walk. Many times, unknown to those following, the leaders had to quickly improvise. (That wouldn't happen these days, of course - would it?)

GARIGAL (Sung to the tune "O Tannenbaum")

O Garigal, O Garigal
You weave and cast your magic spell
You change your tracks!
You change your signs!
You even shift transmission lines!

Your creeks and streams run fast and deep Make our walkers jump and leap. In spite of all your impish tricks – We find our way out of each fix.

And when we weigh the pros and cons,
And overcome your challenges...
We pause and think of all the views,
The flowers and the secret places
And we are glad to be alive
To share in Garigal's good graces.



Anne at Pulpit Rock



Faye Smith reading some Robbie Burns in Hyde Park. Looking on were Ken Evans, ???, Hillie Foggo, Kath McKeon

Some attempt was made to introduce the work of overseas (ie foreign!) poets. We have photographic evidence of Faye Smith reading some Robbie Burns near his statue in Hyde Park to even the score a bit. Terry Byrne helped keep the Aussie ethos going by conducting a short session of swy (two-up) at Trumper Park.



1997 Ku-ring-gai Wildflower Garden
???, Edith Crown, Marg Booth, Anne Eggins



Terry Byrne keeping the Aussie spirit alive



1998 - Chris Wood, Jill Willington, Lorraine Clowes

COMMUNICATIONS

Jill remembers the first time the leaders were given a mobile phone by Hillview Healthy Lifestyle Unit. It was a heavy and bulky item by today's standards, and a precious item that was picked up from the Hillview office before the walk and returned at the end of the walk. The first time they had the phone with them Roger Baudoin managed to get his car bogged when parking at the start of the walk at an isolated spot somewhere along the Hawkesbury River. On returning after the walk and after much effort by all pushing and pulling to no avail Jean thought she would have to call out the NRMA. Jean was worried that the first time the phone was used was not to assist a walker but to call the NRMA to assist a car. However Ray Glyde walked over to a nearby farm and returned with a farmer and a tractor. So between the exclamations (not to be repeated) of an unusually grumpy farmer and much hand waving and exclamations from Roger the car was finally freed so all was well.

Originally there was a gap of two weeks between completion of the first program for the year at the end of June and commencement of the second program half way through July. This enabled Anne and Jean to have their own holiday together. Also, this was a chance for Jean to have a much needed rest from the group and from the weekly discipline of arranging a walk. The first program for the year commenced in early March, and the second program finished in late October.

When Anne joined, and a few of the walkers (particularly Jill Willington, June Sutherland and Helen Schofield) started to help with leading the group, there was no need to have this two week break because Anne and Jean could have their holidays at any time.

On one occasion, however, Jean and Anne left on an extended overseas trip to the United Kingdom and Europe and left Jill and Helen in charge for about two months. They all survived while Jean and Anne floated along the British Canals, visited family and friends in England, attended the Oberammergau Festival in Germany, and travelled throughout Europe.



An early walk. Wonder where they finished!

Communication between members was important. After the split from the Healthy Lifestyle Unit in 2001, day-to-day contact with walkers was maintained by a noticeboard updated by the leaders each week and brought to the meeting point where it was displayed in the rear of their 4WD vehicle. The board carried news of members' perambulations around the country and around the world - and there were plenty! It also bore notices of coming social events and other matters of interest. The noticeboard was a great way of keeping people informed of the ebb and flow of life and activity among members. There was a copy of the Walk Program, of course, and a notice about any forthcoming event such as an end-of-year cruise, a lunch somewhere, or any happening that members might be interested in. Frequently there were postcards from members travelling to exotic places - keeping home-bound members aware of the action and, generally, envious (until it was their turn to send a card!). The noticeboard has passed into history because walk leaders are now volunteers from within the membership and it became too cumbersome to pass it between leaders every week. Also, with the evolution into three levels of walks, a single noticeboard was insufficient. This gap in communications has been filled in more recent years by a newsletter (the President's Page) issued at about quarterly intervals, and by the website. While fulfilling a useful purpose, these lack the charm and personal touch of the old noticeboard.

Walkers still active in the group have fond memories of that white Forester that transported Jean and Anne on their expeditions. It was always to be seen, at the Karuah meeting place or at the track head, with the rear door open and Anne sitting on the floor at the back, welcoming everyone, collecting the daily payment, and displaying the noticeboard.



Anne in the Forester Welcoming happy walkers!

SPECIAL EVENTS AND ACTIVITIES

A Walker of the Year award was initiated, to be presented to the member who had attended the greatest number of walks. Marge Hill was the first recipient, in 1994, and Joan Reale received the award in 1995. In 1996 it was shared by Elaine Einspinner and Jill Willington. Three shared in 1997 (Hillie Foggo, Joan Reale and Chris Wood), and in 1998 and one other year it was Chris Wood. After that the record is obscure, apart from the final year in 2006 when it was awarded to Faye Smith.

The City2Surf event was an obvious magnet for participation by members of the group, and the first Hillview group to enter was in 1996. There were 8 walkers, and all of them finished. Hillie Foggo, who had had a recent hip replacement, was one of them, and her son Jasper screen-printed a special Hillview t-shirt. To highlight their bushwalking affinities, Anne prepared sprays of Australian Wildflowers for the runners to attach to their hats. She also prepared a shimmering and reflective cardboard sign announcing their Hillview Bushwalkers' group, and had pamphlets to hand out to anyone who wanted more information.

Ray Glyde, who first entered this event with his wife Norma in 1995 and who retired after his 17th effort in 2013 (two of them after achieving his OBE), remembers that the Hillview crew had a group entering the event every year from 1996 to 2000, and even has a record of the time recorded for the finishers in 2000. He missed the event in 1996, while caravanning in FNQ, and in 2004 after an unsuccessful attempt to fly off a ladder resulted in a broken ankle and wrist.

Kath McKeon, who participated 4 times, remembers that the group did not all walk together, after starting as a group. She and Jean elected to walk at their own (slower) pace, and they all congregated at the finish for lunch.



1996 Walkers of the year

Elaine Einspinner and

Jill Willington



City2Surf Starters 1996

Joan Reale, Jean Allen, Jill Willington, Anne Eggins, Hillie Foggo, Joan Selby-Brown, Ina Geersen, Kath McKeon The combined memory banks of all concerned have produced the following list of members who participated in one or more of these years: Jean Allen, Margaret Booth, Lorraine Clowes, Margaret Dawson, Anne Eggins, Hillie Foggo, Ina Geersen, Ray Glyde, Norma Glyde, Kas Loomes, Sybil Manton, Helen McDougall, Laurie McDougall, Kath McKeon, Joan Reale, Helen Schofield, Joan Selby-Brown, Deidre Stevens, and Jill Willington.



City2Surf Finishers, 1996 (All 8 of them!)

Another activity – this time a one-off opportunity – arose at the time of the Sydney Olympics in the Spring of 2000. Five members volunteered in various parts of this huge operation, and although it was not done under the Hillview banner, it was done with Hillview camaraderie. Ray Glyde as a driver, Lyn Terrey, Jill Willington and Lorraine Clowes (now sadly deceased) and Sue Buxton in spectator services.



Olympic volunteers, 2000 Lyn Terrey, Jill Willington, Lorraine Clowes, Ray Glyde, Sue Buxton

SOCIAL EVENTS

Social events apart from the formal walking program were an increasingly important part of developing the group's ethos. The main activities were an end-of-year cruise somewhere on Sydney Harbour or one of the Central Coast or Hawkesbury waterways, a barbeque held at the house where Jean and Anne lived in Berowra, and sometimes a Christmas in Winter lunch.



End of year cruise 1990 – Anne Eggins, June Sutherland, Judy Ginns, Jean Allen



End of year BBQ 1993 Terry Byrne, Ray Glyde



End of year BBQ 1991 Kath McKeon, Marge Hill, Anne Eggins



End of year BBQ 1999

Marion Berry, Faye Smith, Sue Buxton



Anne's retirement party Resolute Bay, 1997

A major event in the later stages of this period was the retirement of Anne Eggins from her senior technocrat position with the NSW Department of Education, and it was celebrated with great style within the Hillview fraternity. To celebrate the birthday that precipitated this significant event there was a "do" at Resolute Bay from which there is plenty of photographic evidence of happy people enjoying themselves.



Anne's retirement party 1997

Hillie Foggo, ???, Deidre Stevens, Joan Reale,
Jean McDonald



Anne's retirement party 1997

Roger Baudoin, Norma Glyde, Jill Willington,
Kas Loomes, Diana Macken, Hillie Foggo, ???

One activity from those years that is much talked about is the visits to Marge Hill's home, at Umina on the Central Coast. A walk in that area was always on the Program at least once a year, and after the walk the whole mob would descend on Marge's house for afternoon tea. Marge was a very active walker, and maintained her interest after retiring and moving to Umina to live. She was very proud of the boiled fruit cake she produced on these occasions. Photos from several of them indicate they were highly successful and enjoyable. Marge's 80th and 90th birthdays were marked by special events, noted later in this tale.



Resting at Marge Hill's place, after walk and afternoon tea, 1996

These were some of the special things that happened – but the bread-and-butter weekly walk, with the preparation that went into this program, continued as the backbone of the group. There are heaps of photos from this period – taken by Faye Smith and Lorraine Clowes, mainly, and kept in a series of albums with annotations about people and activities. The albums were maintained by Faye Smith in later years. Most of the photos in this booklet have been sourced from these albums, and where possible they have been used to illustrate an activity or an aspect of the club. Others are interesting for the people they show, or for the places they represent, and a few of these are in the following pages.



End of year cruise 1993 Sue Buxton, Hedy Schiller, Tamara Cronin, Bernie ???



End of year BBQ 1993

Jim Thompson, Betty & Eoin Wilkinson



Evans lookout 1992 Mena ??, Angus Murdoch, Judy Ginns?, Ian Vacchini, Jean Allen



Muogamarra, Tippers Lookout 1993 ???, ???, ???, Kath McKeon



Elephant Rock, 1996



Daphne Floyd's birthday 1997 Marge Hill, Daphne Floyd, Terry Phibbs



1998
Anne telling Angus where to go!



Dobroyd Point, 1997 Jan Ruys



1999 First Aid for Liz Wales



Marion Berry, Faye Smith, Rhondda Day



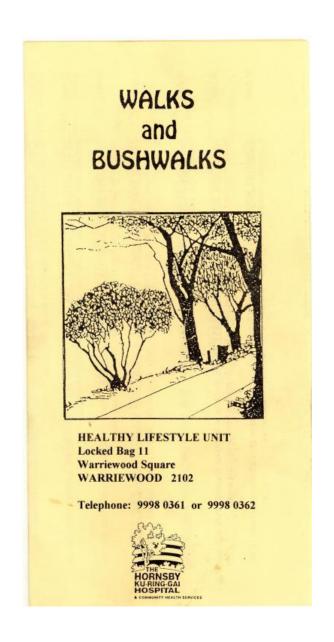
The whole group at Barrenjoey

As a final comment about those early years, it should be said that the walking group was still part of a NSW Department of Health Healthy Lifestyle Program, conducted by the Hillview Community Health Resource and Information Centre for Hornsby Ku-ring-gai Hospital. While sponsoring the group and presumably carrying any risk involved (although this was never tested), the main Departmental contribution was advertising via pamphlets on display at Hillview and other places, provision of a starting location in the Hillview grounds, and organising volunteers to run the walks (ie, keeping Jean happy). Walkers paid \$3 per walk attended. Leaders did not have to pay - pay money, that is! The fee was increased to \$5 in 1991, unless you were over 60. Leaders were still free!

Each half-year program prepared by Jean and Anne was published by the Healthy Lifestyle Unit of Hornsby Ku-ring-gai Hospital. Copies were displayed in the Hillview offices as well as being sent to regular walkers. This is the cover of the February - June 2000 program. That year, as it turned out, was the last one when the Friday walking group was sponsored by the Healthy Lifestyle Program. The full program for the first half of that year is reproduced in Appendix 1.



2000 - Anne Eggins, Marge Hill, Jean Allen, Jill Willington



SOME ANECDOTES FROM EARLY MEMBERS

(Kindly contributed by Jill Willington)

Over the early years the leaders and group had many adventures and sometimes strange experiences including crime scenes, difficult weather conditions, finding new tracks, opening up overgrown old tracks, being accompanied by strangely dressed walkers, exploring railways and old roads and initiating walks relating to history and wildflowers. Car shuffles were finally mastered after much confusion. The tradition of having a coffee after a walk started with Jean, Anne and Jill relaxing after a walk but evolved to include a few others joining them and then later a larger group joining in. It has now progressed to the stage where walkers are asking leaders 'where is coffee today?' before they have even done any walking.

On one Friday along West Head Road the group diverted along a seldom used bush track Jean had mistakenly taken when checking a walk and where she had seen waratahs in flower. Before they reached the flowers they came across men darting from tree to tree in a furtive manner. Hillview walkers were not really in harmony with what appeared to be either tough detectives or hardened criminals. The walkers themselves caused great consternation, though, as they had walked through a film set and were politely asked if they could back off during the filming. At the time someone said they had recognized some of the actors from the long-running television show Homicide.

There was another time when the group was mixed up with crime - this time a real crime scene in Bouddi National Park at the Dingeldei picnic shelter. The story was that some paintings had been stolen from an artist's studio and in the end it was found to be more a pay-back scenario by another artist for some insult. An anonymous phone call was received by the police telling them where the paintings were hidden in the bush which resulted in detectives and Hillview walkers arriving at Dingeldei at the same time. Shirley Mannion, at that time Hillview's photographer, could not resist taking photographs until a detective stopped her exclaiming 'excuse me madam this is a crime scene, please move on'. The walk was then completed without any further drama.

Many of the years when Jean and Anne were leading the walks were in the period of severe drought conditions throughout New South Wales. All gardens suffered under water restrictions and of course farmers were in a desperate situation. Walking in the rain became a novelty as Friday after Friday dawned dry and sunny. One notable day it did start to rain on the walk from Cowan to Brooklyn and at about the half-way point became torrential. Lunch was taken in a big cave in the hope it would ease. It did not ease off at all and the walk was completed descending the firetrail to Brooklyn at the same time as a stream of water was cascading down the same way. Most walkers thought it was the wettest they had ever been. The cars were at Cowan Station and there was a wait of an hour for a train from Hawkesbury River Station. Wet through, they were fortified with coffee and rum from a flask which Ray Glyde produced. Revived by the warmth of the rum no one asked Ray how he came to be carrying rum and how often he did.

Summer bush fires were always a worry on the North Shore and in the Northern Suburbs where most Hillview walkers lived. After the severe bush fires in 1994 many of the tracks in Ku-ring-gai Chase National Park, in the Berowra Valley and in Lane Cove National Park - location of some of the favourite

walks - were closed for some time to enable recovery. By the time of the July to October program the bush had recovered sufficiently to proceed with walks. Not long after the fires Jean, Anne and Jill checked out the Cowan to Brooklyn walk, sadly walking through a barren and bleak scene. The walk to Taffys Rock was a desolate waste land in comparison to later years when Hill View Bushwalkers Inc. walked it, more often than not pushing lush branches aside to see the track.

An old overgrown track approaching Elephant Rock from the Warrah Trig firetrail, as opposed to the approach from Patonga Drive which looked as if it had not been used for a long time, was opened up by Jean, Anne and Jill, and has become a great favourite. On one occasion on this walk a woman wearing a pink taffeta frock and silver sandals joined the group. The group was halfway to Elephant Rock before her unsuitable attire was noticed, when it was too late for Jean to do anything about it. Jean usually noticed everything and advised people in her firm but diplomatic manner who turned up wearing unsuitable shoes or dress that they could not walk in the interest of safety - but on this occasion someone slipped through.

Railway historians, brothers Alan and Don Browne, (Don became the HVB Inc. treasurer in 2014) and later Jim Thompson, led walks in the lower Blue Mountains between Lapstone and Glenbrook that especially appealed to members with an interest in the early history of the Blue Mountains rail construction. Walkers learnt about zig zag railways, tunnels, cuttings, viaducts and John Whitton the engineer in charge. The interest in railways continued in more recent years with a walk in the Lake Macquarie State Conservation Area to an historic station and rail line. Contact with early history continued as the group walked along, up and down the Mt York Historic Roads - Cox's Road, Lawson's Long Alley and Lockyers Road.

There were two different walks to North Head. One was a walk from Spring Cove to the Old Quarantine Station where Jean and Anne had booked an hour and half tour of the station. The tour was interesting but disturbing at the same time. There was talk of ghosts, and Tamara Cronin (a member who came from Russia) said that the old shower block reminded her of the concentration camps. The passengers from the arriving ships went through one door, showered and were disinfected and given fresh clothes before exiting by another door on the other side of the building onto North Head. Another tour, to the North Head Fort Museum where a retired military man led the group through hangers full of guns and photographs of guns, proved exhausting. The guide was so enthusiastic and knowledgeable about guns that the tour lasted much longer than was advertised. All were gunned out by the time they managed to get away, and June Sutherland is reported to have whispered "If that man says 'Here's another lovely gun' again, I'll kill him!" Thus speaks a pacifist!

A different walk started with a boat trip from Crosslands to Berowra Waters and then a walk back upstream to Crosslands. The boat was hired from the Crosslands Convention and Field Study Centre and piloted by the Director of the Centre. The Director's dog came along causing great consternation when it sat down next to Kas Loomes.

Jean and Anne were both Ku-ring-gai Chase volunteer rangers and led walks in Muogamarra Nature Reserve. A highlight was the longest walk in the reserve down to Peat's Crater and on to Peat's Bight. The wildflowers were wonderful, although some would say the morning tea of damper and jam and

cups of tea was the highlight. Anne was at one stage in charge of the walks program and rangers at Muogamarra during the six week period that it was open to the public. Hillview walkers were grateful for her knowledge of the reserve. Anne initiated a display of labelled wildflowers growing in the reserve, (cut flowers brought from off-site - no picking at Muogamarra!). Anyone visiting Muogamarra today would see this has been continued.

On some walks the leaders were able to hire coaches eliminating long car shuffles. In those days the cost to each walker was reasonable. In recent years when the Walks Committee looked at the possibility of hiring coaches for the same purpose the cost per person had increased to a prohibitive level, and coaches are no longer used for this purpose.

The first walks in the Blue Mountains to be included in the Hillview program were in the lower mountains starting from Glenbrook. After the opening of motorways, when travel became easier, Jean and Anne included more difficult walks in the upper mountains. Great favourites were the National Pass, the Grand Canyon, the waterfalls of Lawson and Hazelbrook and of Sassafras Gully. Later, encouraged by Hedy Schiller who loved the walk to Lockleys Pylon and Du Faur Head, it was also included in the program. The group has walked on and around Mt Banks when it has been so windy it was blowing walkers off their feet, and on one occasion it was so windy at Mt Banks that the walk was re-located to a much less windy Mountain Lagoon. In recent years Hill View Inc. has gone further afield to Mt Victoria and the remote Asgard, Thor and Ikara Heads. More walks have also been included in both the Royal and Heathcote National Parks, and in the Illawarra area travelling by train. Hillview walkers have always travelled to Dharug, Bouddi, Brisbane Waters and Wyrrabalong National Parks. Many sections of the Great North Walk have been completed, generally led by Celia Johnston who has walked along the entire Great North Walk many times.

In the years before Anne retired and was able to walk regularly, Jean had to lead on her own. She would ask the then "young ones" Jill Willington, Deidre Stevens, Kas Loomes and Helen Schofield to take some walkers on more difficult extensions and diversions. She went on with the others and they all joined up later. This happened more often than not if the walk was in the Blue Mountains.

Hillview, Hill View Bushwalkers, and now Hill View Bushwalkers Inc. have always relied on the drivers, who have always been generous with both time and cars. Car pooling has continued, and a system of recommended contributions (depending on the distance from Turramurra) was introduced in about 2012 as a guide for a reasonable reimbursement to the driver.

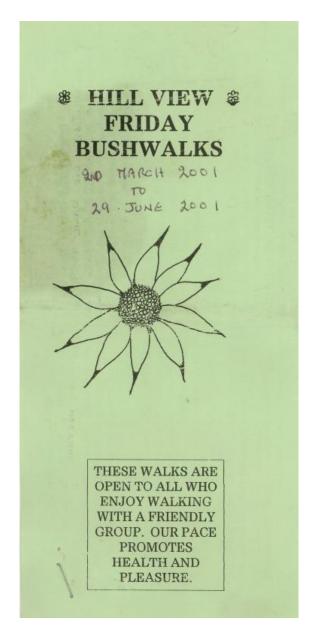
2000/2001 - WHICH HILL? WHICH VIEW?

In 2000 the North Sydney Health Service (or the Health Department solicitors) decided that the program of Friday Walks and Bushwalks sponsored by the Healthy Lifestyle Unit at Hillview (informally known as the Hillview walking group) was too much of a risk to the government coffers, despite there having been no incident requiring an insurance claim during the 20 or so years of operation. It was pointed out that some walkers were so frail that they had to use walking canes to get along. However, they were willing to keep the Friday walks on the Healthy Lifestyle Program if all walkers were under 60. The bureaucrats responsible for this decision did not realise that the "walking cane" they had noticed was being used by Hedy Schiller, and that it was in fact a proper walking pole. Hedy had grown up in Austria, where she was quite used to long walks in rather mountainous country, and where walking poles were a standard item of equipment for any competent walker.

The decision would have wiped out all the leaders and 90% of the walkers. Eye witnesses who were part of the group at the time have reported that Anne was furious. Anne and Jean consulted members of the group, and one imagines that discussions in reaction to the NSHS proposal included some quite colourful language.

As a result of the consultation, all leaders decided to resign from the North Sydney Health Service. Leaders and walkers severed all connection with the Service, and commenced a new Group that they named Hill View Bushwalkers. The meeting place was changed to Karuah Avenue, adjacent to Karuah Park about 10 minutes walk from Turramurra Station (and from Hillview). The charge per walk was set at \$3 for everybody, regardless of age, and no age limit was set for walkers. The Karuah meeting place remains as the usual gathering point from which the journey to the track head commences.

The new arrangements started in 2001. The cover of the first program of the new regime was characterised by the new name, the flannel flower logo and an invitation to "all who enjoy walking with a friendly group".



THE GOLDEN YEARS: 2001 – 2007

During these years, the group continued to prosper under the wise guidance of Jean Allen and Anne Eggins, with assistance particularly from Jill Willington and later on from various other members of the group. There was no formal membership as such – if you wished to walk, you turned up and paid the \$3 on the day, had your name ticked on the roll, and signed a one sentence release form.

Anne and Jean continued to dream up interesting walks, check them out, and distribute a printed half-yearly Program in advance. Safety was always a first priority, and no really serious incidents were experienced during these years. This was a good thing in many ways – not least because the insurance cover issues were somewhat obscure and Anne and Jean carried the entire responsibility of the group's safety. Walkers with the group became much more aware of this issue in later years, when the two leaders retired.

Other aspects of the earlier group were maintained, and in all respects apart from the loss of the nebulous connection with the Health Department and the new meeting point, it was the same group with the same objectives and sound leadership.

Additional features were added to the Programs when an opportunity and an idea coincided, and some of the extracurricular activities continued. For example, the City2Surf groups continued for a few years, and some members continued on an individual basis after the group entry ceased.

Some end-of-program activities from the early days of Hillview survived through Hill View to now becoming regular events on the Hill View Bushwalkers Inc. program. The program was modified to include more social content including several occasions when there was a cruise somewhere, BBQs, and lunches. All were enjoyable but some provided additional and unexpected excitement.

Cruises

All the end-of-year cruises, from the first in 1990 until the last in 2006, are listed below. This covers the years when the group was sponsored by the Health Department Healthy Lifestyle Unit, as well as those after the management changes in 2001.

- 1990,1991 Details lost in the mists of time.
- 1992 Berowra to somewhere, on the *Macquarie Princess*.
- 1993 Berowra to Spencer, on *Macquarie Princess* again with a long lunch at Dunkirk Hotel, Spencer.
- 1994 Macquarie Princess, Berowra to Peats Ferry bridge.
- 1995 Sydney Harbour Islands cruise, with Banks Marine *Lithgow*. Lunch on Clark Is.
- 1996 Sydney Harbour cruise from Watsons Bay, on *Lithgow*.

1997 Fish n chips with suitable liquid trimmings at Patonga, with access via the ferry Hawkesbury Star. Jill was given the job of taking down names and which selection of fish each walker wanted to order. She ended up getting many phone calls for orders for many varieties of fish, for example "four prawns two scallops a piece of fish and some chips". All of course available. Then people would change their minds and change the order. Jill felt she was working for some fast food outlet. On the day at Patonga a copy of the selection was given to one of the staff and Jill called out the name and each person was given what they had selected and paid for. Everyone happy, Jill exhausted but given complete freedom from the management to have anything she wanted to eat and it was free. Years later, when Hillview did another cruise on the Hawkesbury with a stop scheduled at Patonga for lunch, an order was placed in advance for just plain fish and chips for everyone. Already individually wrapped, they were delivered to the ferry and eaten on the ferry. Too much choice the first time!!



End of year cruise, 1999 Liz Wales, Daphne Floyd, Marge Hill, Norma Glyde



End of year cruise, 2000 Disembarking at last!

- 1998 From Cottage Point on Cowan Creek, on board *MV Mirigani*.
- 1999 Hunter River cruise from Newcastle, via Nobbys, and Pacific Highway bridge, and coach trip.
- This was a notable cruise, along Wyong Creek in the *MV Wandering Pelican*. The name was subsequently changed by Hillviewers to the *Floundering Pelican*. It has been reported that "the food was good and it was nice up Wyong Creek until we hit the sandbank" (Anne E). This seems to have happened quite a distance from the starting location, and near a small wharf that was apparently where the vessel was to be moored for a short while. It is further reported that "everybody helped even the dog", and this refers to the Hillview people being asked to pull on ropes in the hope of dragging the vessel close enough to the wharf to disembark. The final report, attached to the photographic record, is that "we were finally rescued by a bus". This is a reference to the fact that the small wharf, where they were eventually able to disembark from the stranded boat, was a mighty long way from where they started and although it is a walking group they declined the offer of a long walk home. There are lots of bits of gossip from this occasion, but the reality is that the new owner of the craft was troubled by lots of weed in the shallower parts of the waterway. This clogged the water

intake to the engine, and after a number of attempts to clear it the boat was finally immobilised and stranded on a sandbank. It was towed to a nearby wharf, and buses arranged to take the woebegone non-walkers back to their starting point.

This cruise took place shortly after a young Australian had gone missing in the Himalayas and was found several weeks later having reputedly survived on a Mars bar or similar and sipping snow crystals. At one stage someone remarked that if we were stuck on the river bank for some time before rescue we would probably survive for a few days as we were not at high altitude and in danger of frostbite and had just eaten a three course meal on board. Angus Murdoch with his usual dry humour was heard to say 'at least he was at altitude whereas we are likely to be below sea-level any minute now'.

- 2001 Harbour cruise on *Regal*, with a stop at Clifton Gardens.
- 2002 Lake Macquarie.
- 2003 From Windsor Bridge on a restored paddle steamer up stream to Ebenezer.
- 2004 Upper Nepean, on *Nepean Belle*. "It poured with rain while we were having morning tea before the arrival of the ferry there was a picnic shelter that was almost big enough for everyone to get under, and out of the rain, but the floor was several cm deep in running water and there were not enough seats for everyone to stand on. By the time *Nepean Belle* arrived, most of the assembled throng were damp or wet, and were anxious to get on board and start the expedition to say nothing of getting dry again. But the crew insisted on checking every ticket as people boarded, and everyone stood in a queue for ages getting even wetter. The discomfort was soon forgotten, though, as the engines burst into life for a scenic cruise along the Hawkesbury. The rain had been so torrential there were waterfalls flowing from everywhere. The ferry master said he had never seen it like this in all the years he had been working the river."
- 2005 Harbour Cruise on MV Walsh Bay
- 2006 Hawkesbury cruise on *Emily Melvey*. This was the last end-of-year cruise arranged by Jean and Anne, and the idea has lapsed since they left. It was a great occasion, with lots of the old stagers, and a fair bit of nostalgia including a glimpse of the house at Little Wobby Beach that once belonged to Anne.

Barbeques

End-of-year barbeques were another social activity implemented early in the group's history and continued under the new regime. They were initially hosted by Jean and Anne at their Berowra residence. There is photographic evidence back to 1992 and the last of them at that address was in 2001.

The end of year function became quite elaborate and famous. When Anne and Jean moved to The Cotswolds Retirement Village in North Turramurra, their new home became the focus for these events. The whole group invaded the place for a fabulous barbecue. A few stalwarts looked after the barbeque, all the ladies brought heaps of luscious cakes, awards (including Walker of the Year) were made, cash saved from the weekly subscriptions (goodness knows how they managed that!) was donated to a charity, while Anne and Jean hoped that the place would still be standing when everybody left.

The last of these events at The Cotswolds marked the end of the 2006 Walk Program, and also the effective end of the leadership and management of the group by these two wonderful people. The sausages were cooked to even greater perfection, the cakes were more luscious than ever, Faye Smith was declared Walker of the Year, and some nice words were spoken about our departing leaders.

Another feature of this extraordinary event was the smashing of the cake. Terry Byrne, a long time walker, has a daughter who is highly qualified and proficient in the art of chocolate decoration (among other things). She had made a huge chocolate cake — not your run-of-the-mill chocolate sponge, but solid chocolate cast into wondrous shapes, filled with chocolates and sweets, and designed to be reduced to ruins and eaten on the spot. The reduction was achieved by application of a wooden mallet, held by a strong right arm (Anne's), to the structure. This initiated something of a tradition, and the destructible chocolate cake has been used on several memorable anniversaries since then.

At some stage an additional barbeque at the end of the February to June program was initiated - some say by Ray Glyde. It began small with a few walkers bringing along sausages and having a sausage sandwich but eventually evolved into a barbeque with all the works. However Jean and Anne always included a short bush walk prior to the start of the cooking and eating. This has been continued by the Walks Committee who select an area of special, sometimes historical, interest. Some of the places visited have been the Cumberland State Forest, Fagan Park Arcadia, McKell Park Brooklyn, Ku-ringgai Wildflower Garden, Lake Parramatta Reserve, the Kokoda Track Memorial Walkway at Rhodes, Windsor Historical tour, Western Sydney Parklands and Nurragingy Reserve.



End of year cruise, 2002

Alan Browne, John Booth, Margaret Booth,

Dot Lucas



End of year BBQ, 2001

Jill Willington, Margaret MacFarlane

In recent years the end of the walking year has been celebrated by a barbeque at The Pavilion, a picnic shelter at Bobbin Head.

Lunches

For many years Hillview and then Hill View Bushwalkers held 'Christmas in Winter' lunches (they were not always in July) at various restaurants. Some were initially good value however later on the food became somewhat indifferent, more expensive and not good value. An annual midweek lunch was still held in July but not with Christmas fare. Members of the group selected different restaurants including Mosman and Abbotsford Rowing Clubs, Newport and Gosford Sailing Clubs, the Japanese Gardens in Gosford, Doyles Watsons Bay, Mt Tomah and Mt Annan Botanical Gardens and a French restaurant at Pyrmont where Roger Baudoin, Hillview's charming Frenchman, gave everyone instructions on how to eat and enjoy l'escargot (snails). How many were impressed was never found out. The group dined far and wide until it became very expensive and restaurants were reluctant to do special deals for groups.

Weekend and other longer expeditions

Jean and Anne tried to have a weekend away somewhere most years. Various locations were visited where low-cost accommodation and good walks could be found in close proximity. Deidre Stevens suggested and organised the first of these, and was also involved in arranging many later ones.

One that is much talked of was at a favoured location at Blackheath in the Blue Mountains in 2001 where a group of houses was rented from the owner of the Ivanhoe Hotel. Another was at Mt Victoria where convenient use of an old-boy network led to the use of accommodation owned by Barker College. On another occasion Bulli was the



End of year BBQ, 2001
Diana Macken, Lorna Robin, Barbara Thurlow



End of year BBQ, 2001

Alan Sutherland, Ron Ginns, Michael Rallings



End of year BBQ, 2001

Jan Ruys, Margaret Booth

destination where walks were arranged from the Breakwater Lighthouse (Wollongong) along the coast to Bulli and a walk up and along the Illawarra escarpment through the temperate and sub-tropical rainforest. Departure for these destinations was usually immediately after the end of the Friday walk. These weekends were an extra and not included in the program. Those not participating returned to Sydney as usual.

The Snowy Mountains was another location where longer walking visits were arranged in summer outside the walking program with accommodation at the YHA and later at Charlotte Pass. In Barbara Hamilton's time as leader they even had camping trips away. Many stories are passed down of digging trenches around tents in the rain, holding up tent poles in the wind and possums stealing the bread.

Good times have also been had more recently at Kangaroo Valley, Jervis Bay and Lake Tabourie.



Blue Mts weekend 2001 Group at Mt Victoria



Christmas in Winter 1997 Marion Berry, Jean Allen, Terry Byrne



Wedding anniversary! 1999

Jean and Keith McDonald



Blue Mts weekend 1997

Jill Willington, Faye Smith, Roger Baudoin

No age discrimination

Although the Hillview walking group has never been directed particularly at retirees, the fact that the walks are held on weekdays has always skewed participation in that direction. Consequently, the age profile of the group has, and always has had, a tendency towards the grey-haired section of the community. Economics has also played a part. When people were able, and could afford, to take early retirement at 55 a younger group of retirees joined the group, allowing Jean and Anne to introduce more difficult walks into the program. More recently, people have been working longer, so Hill View walkers are again joining at a later age.

The oldest active member on record is Isla Bairstowe - a very stylish lady who walked for a while in the very early 1990s, and who was 90 at the time of her last walk with the group. Others are closing in on that record, however. Pat Upton who still enjoys walking with the monthly Social Walkers will have her 90th birthday in 2016. Lorna Robin will be 90 in 2016 and is rejoining the Social Walkers. Hillie Foggo, also still an active volunteer with the Chase Alive Discovery program, is another who will turn 90 in 2016. Kath McKeon, an active Social Walker, is a couple of years behind them.

At the other end of the spectrum, the youngest person ever to join a walk with the group was a baby on the circuit walk from Birkenhead Point through Rodd and Dobroyd Points to Callan Park and over the Iron Cove Bridge. After starting the walk it was noticed that there was someone with us pushing a baby along in a stroller. Whether anyone found out who she was has never been discovered. With much help lifting baby and stroller up and down steps and on to and down from the Iron Cove Bridge both mother and baby completed the walk.

Marge Hill walked with Hillview well into her eighties. Her 80th birthday was celebrated by a picnic at West Head, and is memorable for an unrelated incident. Roast chickens were provided for the lunch, and some scraps were left. Sue Buxton thought it would be a good idea to give a few of the scraps to some goannas that were prowling about hoping for exactly this type of largesse. She made the mistake, however, of holding a piece of chicken in her hand and offering it to one of them. It repaid this kindness by selecting Sue's thumb, instead of the chicken scrap, for its lunch. Sue recovered but has since been known as Goanna Sue.

Hedy Schiller was another who continued walking well into her 80's, and Kathryn Hill has offered this lovely photo of Marge with Hedy in 2000.



2000 - Marge Hill, Hedy Schiller



Marge Hill at her 90th birthday party with Kathryn Hill, Betty Kershaw, June Sutherland, Helen Schofield, Jill Willington, Jean Allen

Weekly walks were still the main event!

The walking program was still the reason for the group's existence, of course, and continued to take a willing bunch into some interesting and delightful places — Blue Mountains, Central Coast, South Coast, Metropolitan. In the early days there was one walk on Friday. This worked well when the group was smaller and everyone could walk at the same pace. It did become difficult when some walkers slowed down and especially when Hill View's number of walkers increased. Jean and Anne were aware of the difficulties and realized the numbers and different abilities of the walkers were becoming unmanageable.

When 52 walkers turned up on one walk it was time to split the walks. In theory a good idea but each walk would need at least one leader, preferably two, and where were they to come from? At first, apart from Jean and Anne who continued to lead walks, there were Jill Willington, Deidre Stevens, Sue Stuckey, Helen Schofield, June Sutherland and Celia Johnston. However, all except June were still working so they could only lead a limited number of walks. Nevertheless, from 2001 the extra assistance made it possible to provide an easier version of most walks. In 2004 an easier walk was offered on a regular basis as well as an Advanced Walk - the forerunner of the present Regular and Plus Walks.

Later, an additional type of walk was added to the program. These Social Walks were offered on a monthly basis as part of the formal program from July 2008. Walks were in easier, often flat terrain, generally about 3 km and accessed by public transport. This was when the two levels of weekly walks were named the Regular Walk (rapidly christened by Ray G as the All Bran walk) and the Plus Walk.



Great North Walk, 2001 Colin Jones, Faye Smith



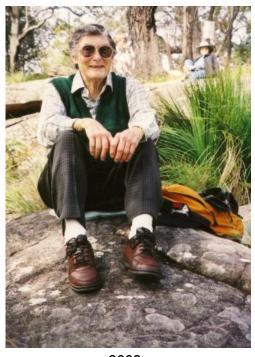
2001 Ken Evans, Alan Browne, Mary Gotham



2001 Sue Mortimer, Ray Glyde, Kath McKeon



2001 Sybil Manton, Faye Smith, Dawn MacKinnon



2002 Jean Tout



Waverley Cemetery, 2002

Anne Eggins reading "The Loaded Dog" at Henry Lawson's grave



2004 Sue Stuckey, Dawn MacKinnon, Mary Gotham, Jean McDonald



That goanna!



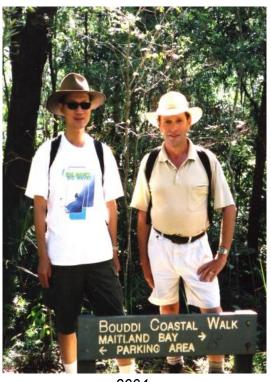
2002 Lorna Robin, Lorraine Clowes



Helen Schofield, Jim Thompson



Don Browne



2004 Jimmy Chan, Kurt Schiller

CHANGE ON THE HORIZON

As the noughties approached their midway point, both leaders were showing signs of wear and tear – crook backs, sore knees and, although they did not admit it, probably a certain amount of mental fatigue. Various members were being groomed in the ways of the group, to prepare them for the time when Jean and Anne would retire.

Concurrently, life at The Cotswolds was becoming less than satisfactory for two very independent spirits, and the break was finally made in 2007 when they pulled up their roots and took off for the South Coast.



Anne Eggins



Jean Allen

Their last walk as leaders with Hill View Bushwalkers was on 30 March 2007. It was a really wonderful Sydney autumn day, calm and sunny, and ideal for a walk in the Ku-ring-gai National Park. Lots of people turned up, of course, to wish them well and there was a big mob for the traditional coffee afterwards - enjoyed at a large establishment associated with a nursery in Terrey Hills.

The following extract from the Program for the day, kindly supplied by Deidre Stevens from her archives and endorsed with her annotation of the leaders of the day – Celia Johnston and Deidre – gives a bit more detail:

"KOOLEWONG & AMERICA TRACKS – Drive from Turramurra to the America Bay Track on the West Head Road in Ku-ring-gai N. P. Fantastic views accessed from tracks through pristine bush on both sides of the headland. Easy, 5 km.

A. (ie the Plus Walkers) We will have morning tea with the others at America Bay, then all the cars will move to the Resolute Picnic Area from where we will complete the Resolute Loop. Med. 9 km."

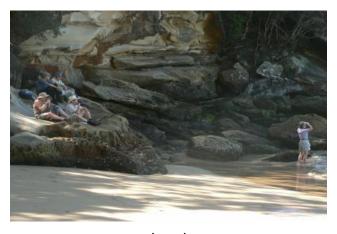
The best way to describe this day is with pictures from the photographic archives.



Deidre Stevens, Celia Johnston, Sue Stuckey, Sue Buxton



Don Woolley







The lunch location



Edith Crowne, Anne Eggins, Helen Schofield



Hillie Foggo, Roger Baudoin, Bert Murray, et al.



Helen Ray, Alan Browne, Hillie Foggo, Roger Baudoin



Jill Willington, Celia Johnston, Sue Stuckey, Deidre Stevens



Some people waiting for coffee



More people waiting for coffee

2007 - ANOTHER NEW BEGINNING

The departure of Jean Allen and Anne Eggins could easily have been the end of the group, despite their efforts to train members in the crucial areas of club management. The idea was that the club would keep going as it had been, but a couple of key people would prepare a Program and the role of walk leaders would be shared between members. This may have succeeded, given good-will on the part of members and tolerance for a few false starts, but there was a flaw in the proposal. Members were willing to do all the necessary things, but were reluctant to lead a walk without proper insurance cover. This was an issue that must have been hanging over the previous leadership, at least since 2001, and fortunately it never needed to be tested. The walking group owes Jean and Anne a big vote of thanks, but no-one in the remaining group was prepared to carry that risk.

An informal working group was set up to examine the ways and means whereby a desirable structure might be achieved. It was chaired by Margaret Booth, and the others were Helen Aiton, Deidre Stevens, Sue Stuckey, Lyn Terrey and Don Woolley.

After a fair bit of discussion and asking around, members of the working group came to the conclusion that the best way to deal with the insurance issue was to affiliate with the NSW Confederation of Bushwalking Clubs (now Bushwalking NSW) so that we could get its insurance cover for club members. Affiliation had other benefits, but insurance at a reasonable cost was a foremost consideration at the time. There was one apparent drawback — an organization could not affiliate unless it was incorporated.

This apparent hurdle turned out to be smaller than expected. The Department of Fair Trading had thoughtfully prepared a set of standard rules that could be adopted by any group seeking incorporation. Because these rules could be adopted without change it was necessary only to fill out and submit the relevant form, and pay a fee. The alternative was to amend the rules (constitution) to suit the club's particular circumstances, but in this case the proposed rules would have to be approved by the department – a process which would take considerable time.

The working group concluded that the standard rules should be adopted. They were close enough to the club's needs to enable a start to be made, given that there would be the option of changing them later if necessary.

A meeting of Hill View Bushwalkers was convened for the morning of 8th June 2007, at Davidson Park Picnic Area (near Roseville Bridge) prior to the scheduled walk for that day. The Agenda for the meeting is in Appendix 2, and the Minutes of the meeting are reproduced in Appendix 3. It was a cold, windy day with pouring rain, which helped keep discussion to a minimum. The Agenda items were passed without dissent. The walk was then cancelled and members repaired to the closest coffee shop.

Despite the weather and the uncomfortable circumstances in which this meeting was held, it achieved its purpose. In summary, the meeting:

 Agreed to become an incorporated body, with the name Hill View Bushwalkers Inc. using the model rules as provided by the Department of Fair Trading.

- Agreed to seek affiliation with The Confederation of Bushwalking Clubs NSW Inc (now Bushwalking NSW).
- Agreed to transfer the membership of, and all funds held by, Hill View Bushwalkers to the incorporated entity.
- Elected the following office bearers:

President - Kurt Schiller
Vice President - Margaret Booth
Secretary - Deidre Stevens
Treasurer - Bert Murray
Three Committee Members -

Sue Stuckey, Lyn Terrey, Jim Thompson

Public Officer - Don Woolley

The application for incorporation was duly lodged and the certificate of incorporation was issued on **12**th **June 2007** (See Appendix 4). The new Hill View Bushwalkers Incorporated was then formally affiliated with the NSW Confederation of Bushwalking Clubs on 19 June 2007.



Kurt turns 70, Jill lights the candle



HVB Inc. inaugural meeting

Kurt Schiller, Don Woolley, Deidre Stevens,

Margaret Booth, Sue Stuckey, Jim Thompson



HVB Inc. inaugural meeting
Helen Aiton, Deidre, Don, Margaret, Sue



HVB at Anvil Rock

EARLY YEARS OF HVB INC

The founding committee had a fairly busy time for the first few years, while procedures and protocols were developed to replace the earlier less formal arrangements. Red tape and bureaucracy were kept to the minimum, but insurance requirements and our affiliation with the Bushwalking Confederation of NSW necessitated a certain amount of paperwork. Guidelines were prepared for walkers and leaders, and an incident report form was initiated. These were all based on those outlined in the Confederation's risk management documents. An annual membership fee was implemented to avoid the need to collect cash every walking day, but the daily sign-on sheet was retained. The sign-on sheet contained instructions to walkers about what they should bring in the way of clothing, equipment and sustenance, and on how they should conduct themselves while walking with us. It has evolved over the years to better reflect current procedures, and was hugely improved by Helen Aiton using a computer, common sense and the postal service. Her system ensures that walk leaders have up-todate information about members and intending members who turn up for a walk.

Safety and well-being of members has always been a primary concern with this club, and this has continued since incorporation. One aspect of this has been the emphasis on formal first aid training, and the club now subsidises all members who attend an accredited first aid course to obtain a formal certificate.



John D'Cruz, Rhondda Day, Jill Willington



Tired Plus walkers emerging from Federation
Pass

The speed with which the incorporation procedures were implemented, and the consequent use of the model constitution provided by the Department of Fair Trading, was beneficial in getting the incorporated body started quickly. It was expected that changes to the constitution would be needed, and this proved to be the case. A small sub-group worked on the necessary changes, and a new constitution that suited the HVB Inc.'s needs much better was adopted. Further changes were necessitated later by a change to the relevant legislation, and some further minor changes were implemented at this time. All this activity went on in the background, and most members were generally unaware of it going on – which is as it should be, because the club is for walking for pleasure, not for paperwork.

Kurt remained as President until 2011, when he was succeeded by Don Woolley and then Bert Murray in 2014. Deidre Stevens was succeeded as Secretary by John Gillies in 2010. Others who have devoted time to the committee are Helen Aiton, Margaret Booth, Don Browne, Susan Carter, Christine Cribb, Elaine Einspinner, Lawrie Faggotter, Mary Gotham, Barbara Rees, Anne Ridley, Rosemary Stevens, Sue Stuckey, Lyn Terrey and Jim Thompson. (For a detailed list, Appendix 5.)

Walks Committee

Despite all the thought and effort that went into the decision to incorporate and affiliate with the Bushwalking Confederation of NSW, it was soon realized that the task of the Management Committee that had been elected was to provide an administrative framework within which it would be possible to safely run a walking program. A walking program would not appear, however, as if by magic, from the deliberations of this Committee — it was there to see to it that members abided by the rules, adopted safe practices, and generally minimized risk. Obviously, there was a need for someone to take over from Jean and Anne for this part of the activity.

Like any good set of bureaucrats, the Management Committee solved this issue by creating another committee. The Walks Committee, appointed by the Management Committee, was delegated the task of organizing a walking program, and the initial members were Hillie Foggo, Celia Johnston, Bert Murray, Jean McDonald, Kurt Schiller, Deidre Stevens and Jill Willington. Margaret Booth, Lawrie Faggotter and Anne Ridley were appointed to the group later. Hillie, Jean and Celia have since retired. (Appendix 6).

This group is the engineroom of the club's main activity, and prepares the weekly walking program. Its members have developed a well-oiled system of producing a program every six months, with the following steps:



Nepean Lookout



Don Browne, John Mence, Ray Glyde, John Gillies



Don Woolley meets Matthew Flinders

- Starting as soon as one program has been issued, gather ideas for the following half year, and remind members to pass on ideas for good walks and comments about walks on current and past programs.
- About half way through the current program, have a meeting to put the bones of a new program together.
- Prepare a draft program, showing the general location, date, and leaders needed each day.
- Make sure all members see it and have a chance to offer to lead or co-lead a walk. On some days there are two walks listed as Regular and Plus, needing four leaders, and on some days there is only one walk with everyone walking together. In the first few years, this process was based on handing around a copy of the draft program at each weekly walk for about a month, but more recently the process has been speeded up a bit by sending the draft program to members by email. Even more recently the new HVB website has also been helpful.
- Plead, cajole, and bully if necessary, until all the leader slots are filled.
- Finalise the program, with a short description of the location and starting point of each walk and an introductory section with some essential information and rules for walkers.
- Post a printed copy of the program to all members, so that they have it well before the date of the first walk.

The Program

The Program has walks at three levels - the Regular Walk, the Plus Walk and the Social Walks.

A grading system as been developed for the Regular and Plus walks. Each walk has an overall grading and a specific grading for each of length, gradient and track condition - Easy, Medium, Hard and Very Hard.



John and Ros Gillies



Lawrie Faggotter, David Elphick, Jim Thompson



Bombo Point

Walks can be anywhere within about 60 km of Turramurra, and vary between coastal and inland bush locations and a variety of urban and suburban walks nearer to Sydney. They are frequently in National Parks. Turramurra is still the nominal starting point, where car pooling is arranged. Members not living close to Turramurra often choose to go direct to the track head. Turramurra Station is the nominal starting point if public transport is being used.

Programming for the Social Walks program is a separate activity and this group walks once a month. The program planning and leadership are in the hands of long-time members Helen Schofield and Lyn Terrey, who have nurtured this group since its inception. From 2015 they have been assisted by Mary Gotham, another long-time member. It is an excellent way for members who do not wish to do a weekly walk to maintain a connection with walking trails and bush areas, and to enjoy social contact with long-term walking friends. The Social Walks group is a very important part of HVB, and its continuance is an indication of the strong social bond between members.



2015 Social walkers

Noel Upton, Marg Booth, Norma Glyde, Liz Wales, Kath McKeon, Pat Upton, Elizabeth Steel, Ray Glyde, Lyn Terrey, Elaine Greyling, Betty Lewis



Don Browne telling - You must sign the sheet!



Don Browne - being told!



Social walkers, Balls Head Noel Upton, Kath McKeon, Pat Upton, Norma Glyde, Dot Lucas

HVB IN 2016

This history has been prepared to enable current and future members to gain some understanding of "why we are the way we are". It is interesting to see the similarities and the differences between the present and the past. Echoes of the founding days and earlier years are everywhere — meeting to car-pool at Karuah Park (although more and more members are now going to the track head to meet the group); the culture of care and friendship that underlies the whole group, with continuing (subconscious though it may be) reference to the motto established many years ago "To promote health and pleasure through walking as a group"; the overall pattern of the published half-yearly Program; weekends away that are still arranged from time to time.

On the other hand, there are certainly differences – incorporation and affiliation bring responsibilities and the need for protocols and procedures, paperwork and signatures. So the group is slightly more formal now – Kurt Schiller and Bert Murray, as founding President and Treasurer respectively of the incorporated group, guided the implementation of safe procedures and risk management so a walking program could be conducted in the knowledge it is being carried out safely and productively. As founding Secretary, Deidre Stevens initiated administration procedures that have continued to contribute to a smooth running operation.

Communications are now mostly of the electronic variety, with emails almost entirely supplanting use of the postal service. The printed walk program is mailed to all members. The noticeboard set up in the rear of the Forester has been overtaken by technology and has been partly replaced by an electronic newsletter (the President's Page) which is posted to members who do not have an email address.

In a really big step, HVB has most recently set up a website, where information about it can be accessed by the general public. Current programs, urgent news (eg walks cancelled due to last minute issues such as floods or bushfires), walk reports with photos, and administrative documents, can be viewed by members. The address for the site is www.hvb.org.au.

So that is the story of the first 35 years of the Hill View Bushwalkers. A lot of people have enjoyed, and are still enjoying, being part of it. Many more will surely do so in the future.



Walking in the mountains -



- and by the sea



In the bush, 2015

Robyn Mickan,
Bill Sainsbery, Margaret Person,
Don Woolley, Kaz Loomes,
Jim Thompson, Mary Gotham,
Christine Cribb, Annette Elphick,
John Gillies, Anne Ridley,
Faye Smith, Barbara Rees,
Pat Pitt, John Pitt

By the sea, 2012

Cherry Lennon,
Peter Lennon,
Jill Willington,
Rhondda Day,
Nick Baines,
Pat Pitt,
Ros Gillies,
Mary Gotham,
Dawn MacKinnon,
Helen Aiton,
Sue Stuckey,
Don Browne,
John Gilllies,
Kas Loomes,
Bill Sainsbery





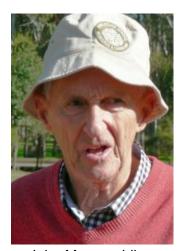
Mt Bushwalker, 2015

Bert Murray, and some wet ones.



End of Program BBQ, June 2015

Aileen Jenkins, Dawn MacKinnon, Deidre Stevens, Don Browne, Susan Carter, Maurice Carter



John Mence - biker



Helen Aiton - thinker



John Gillies, Kathryn Hill, Ros Gillies, Lea Oliver, Jean McDonald, Charles Sturt, Jim Thompson, Helen Morehead, Aileen Jenkins, Helen Ray, Faye Smith, Terry Byrne



Barrie Butt, Helen Leihn, Sue Kelly, Aileen Jenkins, John Pitt, Lawrie Faggotter, Deidre Stevens



Clive Beddoe - hill climber



Claude Person, kayaker



Sue Kelly, Don Browne, Jim Thompson, Annette Elphick, Claude Person, Diana Long, Visitor, Pam Stark, Margaret Person, Wendy Plummer, Helen Leihn.

Don Browne, Robyn Mickan, Annette Elphick, Pragati Goswami, Rosemary Walker, Christine Cribb, Rex Mickan, Wendy Plummer, David Elphick.





John Bowring, Barbara Rees, Deidre Stevens, Rhondda Day







Dawn MacKinnon, Cherry Lennon (hidden), Vreni Schwotser, Bruce Stuckey



Ros Fekitoa, Helen Leihn, Lawrie Faggotter



Barbara Rees, Anne Ridley



Kevin and Rosemary Stevens



Regular walkers south of Bondi, 2016



Sue Stuckey, Jill Willington



Mary Gotham

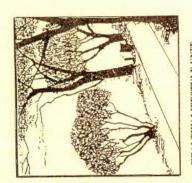


Deidre Stevens



Hill View Bushwalkers at Manly Dam (Photo by Lesley Willsteed)

APPENDIX 1 Walk Program Feb - June 2000



HEALTHY LIFESTYLE UNIT Locked Bag 11 Warriewood Square WARRIEWOOD 2102



FRIDAY BUSHWALKS PROGRAM FEBRUARY - JUNE 2000

Walkers meet in the rear car park at Hillview, 1334 Pacific Highway, Turramurra. Departure time is as stated for each walk and we aim to be back about 3.30pm, unless extended travel is involved. Morning tea and lunch will be enjoyed along the track. Walks may be altered if fire restrictions or weather conditions warrant change. Transport timetables and fares are also subject to variation and should be verified.

25 Feb.	MOSMAN BAY/SHELL COVE - From Hillview we will take the 9:51am train to Wynyard, thence to the Quay and
9,30am	the 10:55am ferry to Mosman Bay. A shady, harbour-side walk to Shell Cove via Cremorne Point, with a swim at
	MacCallum Pool Skms - easy

3 March	HERMITAGE FORESHORE & NIELSEN PARK - From Hillview to board 9:21am train at Turramurra to Town
9,00am	Hall, then the 10:03am train to Edgecliff, where we take the bus to Rose Bay. The walk passes beaches and
	historical buildings and there will be time for a swim. Some even steps. 5kms - easy.

10 March	RESOLUTE BEACH & WEST HEAD TRACKS - From Hillview drive to Resolute Picnic Area on West Head Road.
9.30am	Bush tracks and wooden steps down to the beach for lunch and a paddle. An undulating, shady loop back with
	some extra optional tracks. 6kms - easy,
17 March	KATANDRA BUSHLAND & WARRINGAH COASTAL WALK - From Hillview to Katandra on Lane Cove Road
9,30am	Mona Vale. The reserve is being opened for us (a \$2 donation please). Then we will drive to Newport Beach for

arch	KATANDRA BUSHLAND & WARRINGAH COASTAL WALK - From Hillview to Katandra on Lane Cove Road
na	Mona Vale. The reserve is being opened for us (a \$2 donation please). Then we will drive to Newport Beach for
	lunch and either a walk to Bilgola or rock hop to Bungan Beach. Surf or pool swim possible. 8kms - easy/medium.

March	GREAT NORTH WALK STAGE 1 - From Hillview to board 9:21am train from Turramurra to Wynyard and thence
00am	to the Quay via the Obelisk in Macquarie Place for the 10:25am ferry to Valencia Street Hunters Hill. Interesting
	street and bush walk to Magdala Park. Then bus and train return. 11kms - easy/medium.

31 March	MT BOUDDL BOMBI MOOR & LITTLE BEACH - F	rom Hillview to Dingeldei Picnic a	rea at the end of Mt
9.00am	Bouddi Road, off the Scenic Drive, Killcare Heights.	A circuit walk with coastal views.	Some steep pinches.
	8kms - medium.		

7 April	WADDELL RIDGE TO CALABASH BAY - From Hillview to the end of Calabash Road Berrilee.	A loop walk in
9,30am	Marra Marra N.P. on tracks and fire trail with some steep sections. 8.5kms - easy/medium.	

14 April	HEATHCOTE TO WATERFALL via BULLAWARRING TRACK - From Hillview follow Routes 7 & 6 to Heathcote
9.00am	and park in Freeman Street. Bush tracks and fire trails, good water-holes and views with one long rubbly 140m
	ascent. Train back to Heathcote. 11kms - medium.

21 April	GOOD FRIDAY	- No walk.	Have a Happy	Easter.

28 April	MILL CREEK CIRCUIT - From Hillview to the Mill Creek picnic area off Wiseman's Ferry Road 5.3kms
9.00am	downstream, (towards Gosford) from the ferry. Super hilly bush track. 11kms - medium.

5 May	GREAT NORTH WALK STAGE 2 - From Hillview to board 9:21am train to St Leonards Station then a bus to the
9.00am	corner of Mowbray Road and Epping Highway where we rejoin the GNW to the end of Kissing Point Road. A long
	riverside walk with 3km street walk at the end. 13kms - medium.

12 May	SASSAFRAS GULLY CIRCUIT - From Hillview to Picnic Point at the end of Valley Road Springwood. This gully
9.00am	and creek walk includes numerous water crossings, pretty waterfalls and pools. An 11km loop with one long
	uphill

19 May	GARRIGAL NATIONAL PARK - From Hillview to 25 Morgan Road Belrose (approx. 1km on left from Fores)
9.30am	Way). A loop walk via Deep Creek and Narrabeen Trig. Steep ascents and descents, one rubbly fire trail. 12km -
	medium/bard

26 May	GREAT NORTH WALK STAGE 3 - From Fallylew we walk to the Western end of Klassing Point Road to rejoin the
9,30am	GNW, which follows the Lane Cove River north. We climb the Conscript Pass to Thornleigh Oval. Then a short
	street walk to Thornleigh Station and the train back to Turramurra. 10kms - medium

2 June	MOUNT KU-RING-GAL TO KALKARI via BOBBIN HEAD - From Hillview to Mount Colah Station to drop off
9.30am	passengers thence to Kalkari Visitor Centre on Ku-ring-gai Chase Road for parking. Drivers return to the station
	for the 10-25 on train to Mt Varsing and Cood bush tracks mater views 91 mg medium

	for the 10:35am train to Mt Ku-ring-gai.	Good bush tracks, water views.	8kms - medium.
9 June	ELVINA BAY CIRCUIT - From Hillview	to Track 1 on West Head Road	via Mona Vale and McCarrs Creek Road

	2010 - 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
16 June	MOUAT WALK - RUMBALARA / ST JOHN'S LOOKOUT - From Hillview drive to Rumbalara Reserve, accessed
9,00am	from Dolly Avenue Gosford. Park in the Yaruga Lookout picnic area. Ridgetop walk, two short steep pinches.

23 June	BAIRNE TRACK / SOLDIERS POINT - From Hillview to Track 8 on West Head Road via Mona Vale and McC	arrs
9.30am	Creek Roads. Mostly level track with magnificent views of Pittwater. 9kms - easy.	

30 June	FAGAN PARK - From Hillview to entrance in Arcadia Road Galston (\$2 entry per car). A BYO sausage sizzle
9:30am	after an interesting walk through the park including international gardens and some bush. 4.5kms - easy.

BUSHWALKERS PROGRAM MARCH - JUNE 2000

All walks commence on Tuesdays generally at 10.00am and Fridays generally at 9.30am. (Check program for departure times).

If you want to meet out on the track, it is at your own risk, as plans may change.

- All walkers must take responsibility for themselves and their children. Children over 5 years, can come on short walks, and those over 10 years on longer walks.
 - Please bring lunch and a drink, fares and entrance money for Friday walks.
- Please wear sensible clothes especially walking shoes, or boots, a hat for the sun, raincoat and a woolly sweater for a
 - We regret that for safety reasons, dogs are not permitted on these walks.

TUESDAY WALKS usually end between 12 - 12.30pm - lunch on the lawn at Hillview.

COST: \$3.00 Family \$6.00

CONCESSION: \$2.00

FRIDAY WALKS usually end back at Hillview by 3 p.m. Lunch along the track

OST: \$5.00

Family \$10.00

CONCESSION: \$3.00

- Please donate to your driver's petrol money, it is a great help.
- Most walkers meet at Hillview for the commencement of each walk. This way we can allocate people who need a lift to the cars available. However, if late or home is nearer to the start of the walk, and if you go direct to the locale then it's best to get there a little ahead of the time you estimate we will arrive; you may have to be patient and wait for us but that's better than missing out!

TUESDAY BUSHWALKS PROGRAM MARCH - JUNE 2000

The Tuesday walks are half-day walks. Walkers meet at Hillview in the rear car park. We depart at 10.00am and are usually back by about 12.30pm. During each walk there is an 'apple stop' for approximately 15 minutes so do bring something to munch, and a drink on warm days. All walkers are welcome to join us for a picnic lunch on the lawn at Hillview after the walk.

- 7 March ROFE PARK Walk from Hillview to Rofe Park, Turramurra. A good round walk. Steep and rough
- 14 March

 LANE COVE NATIONAL PARK Drive to the Commenarra Parkway and park at the 'cliffs' near the gate to bushland, between Fox Valley Road and Pennant Hills Road. Walk over Lorna Pass. Rough underfoot. One long
- 21 March

 MIDDLE HARBOUR LINDFIELD Drive to the tennis courts on Tryon Road the entrance is very close to the intersection of Tryon Road and Archbold Road. Walk through wonderful rock formations and alongside middle harbour. One steep climb and a few short ups and downs.
- 28 March THE CASCADES Drive to Dovedas Street, St Ives. Park in or near Gwyn Close. Walk along fire trail to the cascades. Spectacular after tain. Steep descent and ascent.
- 4 April WARRIMOO TRACK Drive to the end of Warrimoo Avenue, St Ives. Walk along foot track to point overlooking Cowan Creek. Return on fire trail. A round walk with one steep section.
- 11 April BEROWRA BUSHLAND Drive to end of Bellamy St, Thoruleigh. Walk along foot track through beautiful bushland. Easy walk.
- 18 April COWAN CREEK TRACK Drive to Bobbin Head. Park near boatsheds. Walk along part of Cowan Creek Track. Lovely views over water. Easy walk. A few short ups and downs
- 2 May BEROWRA BUSHI_AND RESERVE Drive to the Boundary Road trackhead of the Great North Walk. Park in Lee Road, Cherrybrook. Walk through open forest into rainforest. A long walk with steep steps. Calicoma Track.
- 9 May KU-RING-GAI CHASE NATIONAL PARK Bobbin Head Road. Park near the Sphinx. Walk on foot track down to Cowan Creek. Long descent and ascent through lovely bushland. Steep.
- 16 May TWIN CREEKS RESERVE Drive to reserve entrance at the top end of Mitchell Crescent. Turramurra. Walk on fire traits and foot track. Rough underfoot in places. Steep ascent.
- 23 May
 SEVEN LITTLE AUSTRALIANS PARK Drive to park entrance on Slade Avenue, Lindfield. Walk through park and under Arterial Road to a fire trail above Gordon Creek. Mostly level.
- 30 May

 LANE COVE RIVER NATIONAL PARK WEST PYMBLE Drive to Wallalong Crescent. Park near gate leading to bushland. A round walk on fire trails and foot tracks. Fairly steep ascent.
- 6 June FRASER PARK WAHROONGA Park near the end of Lister Street, Wahroonga. Walk on foot tracks to the valley of Fraser Brook. Climb up to Cliff Oval. Superb views. Long ascent. Steep in places. Splendid round walk for winter!
- 13 June KALKARI, KU-RING-GAI CHASE Drive to Kalkari Centre. Walk around Kalkari and into lovely adjoining bushland. Easy walk.
- 20 June LANE COVE RIVER NATIONAL PARK WEST PYMBLE Drive to Wallalong Crescent. Park near gate leading to bushland. Walk along fire trails and foot tracks in a different area from the walk last month.
- 27 June BEROWRA BUSHLAND Drive to Bushland Entrance on Elouera Rd. Thornleigh. Park near waterworks. Walk on interesting foot tracks through varied bushland. A few steep descents and ascents.

APPENDIX 2 Inaugural meeting of HVB Inc. - Agenda

INAUGURAL MEETING OF HILL VIEW BUSHWALKERS INC

AGENDA Meeting to be held on 8 June 2007

1. Welcome Margaret Booth

- 2. Background
- 3. Financial statement
- 4. Agreement to proceed with proposal to incorporate and affiliate with The Confederation of Bushwalking Clubs NSW Inc (The Confederation).
- 5. Adoption of proposed objectives for Hill View Bushwalkers Inc (HVB Inc)
- 6. Adoption of constitution for HVB Inc it is proposed that this be adopted without change from the model rules published for the purpose by Department of Fair Trading.
- 7. Adoption of additional rules for the running of the walking program
- 8. Inaugural membership it is proposed that all people whose name appears on the current membership list is entitled to become a member. Membership will be confirmed by signing the risk waiver form provided by The Confederation (Appendix 3, A Risk Management Framework for The Confederation of Bushwalking Clubs NSW Inc.) and by paying the annual fee of \$40 (for the 2007-2008 financial year).
- 9. Management Committee

This Committee is required under the constitution and its purpose is to ensure that the incorporated body functions as planned and in accordance with the wishes of its members. It will make the provision of a walking program feasible by affiliating with The Confederation and arranging insurance. In order to achieve the objectives of HVB Inc, the Committee will need to appoint people to undertake certain functions.

10. Election of the Committee

The constitution to be adopted provides for the following:-

- President
- Vice President
- Secretary
- Treasurer
- Three Committee members
- Public Officer
- 11. Nomination of signatories for the bank account

Prepared and recommended by the Working Party: Helen Aiton, Margaret Booth, Deidre Stevens, Sue Stuckey, Lyn Terrey and Don Woolley

APPENDIX 3 Inaugural meeting of HVB Inc. - Minutes

INAUGURAL MEETING OF HILL VIEW BUSHWALKERS INC

MINUTES

Meeting held on 8 June 2007 at Roseville

1. Welcome

Margaret Booth (Chairperson) welcomed Hill View Bushwalkers to the meeting.

Attendees: Helen Aiton, Margaret Booth, Don Browne, Barrie Butt, Terry Byrne, Elaine Einspinner, Celia Johnston, Diana and Phillip Long, Dawn MacKinnon, Sybil Manton, Joan Reale, Kurt Schiller, Helen Schofield, Faye Smith, Deidre Stevens, Sue Stuckey, Jim Thompson, Don Woolley.

Apologies: Alan Browne, Rhondda Day, Hillie Foggo, Ros and John Gillies, Ray and Norma Glyde, Mary Gotham, Jean McDonald, Bert Murray, June and Allan Sutherland, Lyn Terrey, Jill Willington.

2. Background

The Executive Committee will be elected to service the requirements of the incorporated association (Hill View Bushwalkers Inc), set up and operate a bank account and arrange appropriate insurance cover for members. Apart from that, Hill View Bushwalkers Inc will remain the same.

3. Financial Statement

A Statement of Receipts and Payments prepared by Ray Glyde was circulated at the meeting showing a balance as at 18 May 2007 of \$1,043.85. A further \$150.00 and \$105.00 were collected from the walks on 25 May and 1 June respectively.

4. Incorporation and Affiliation

The Working Party would like to commend to you that Hill View Bushwalkers incorporate and affiliate with The Confederation of Bushwalking Clubs NSW Inc (The Confederation).

All those in favour - All Against - Nil Carried

5. Adoption of proposed objectives (see attached)

A copy of the *draft* Statement of Objectives and Rules was circulated at the meeting. All those in favour of adopting the Objectives - All Against - Nil Carried

6. Adoption of Constitution

The Working Party would like to commend to you that Hill View Bushwalkers adopt the constitution without change from the model rules published for the purpose by the Department of Fair Trading. Margaret advised that there was a copy of the model rules on hand should anyone like to peruse it. Phillip Long asked whether anything needed to be changed for our purposes. Margaret Booth advised that other than inserting our name and changing the fee (which may need to change next year), it would be fine for our purposes.

All in favour - All Against - Nil Carried

7. Adoption of additional rules (see attached)

All those in favour of adopting the Rules - All Against - Nil Carried

8. Inaugural Membership

All those in favour of those people whose name appears on the current Membership list be entitled to become a member.

All those in favour - all Against - nil Carried

Discussion took place regarding new members and temporary members. New members need to be nominated by two people. Temporary members are entitled to three free walks per financial year. Temporary members sign the same waiver form as members and are covered in the insurance policy.

9. Management Committee

Margaret Booth vacated the chair and Helen Aiton took the chair to conduct the election of the Committee

10. Election of the Committee

Helen reported that there were sufficient nominations and asked for any further nominations. Helen read out the nominations. There being no further nominations the elections took place.

Helen Schofield nominated Kurt Schiller for President. Kurt accepted.

All in favour - All Against - Nil Carried

Helen Aiton asked that the remainder of the nominees be regarded as nominated.

All in favour - All Against - nil Carried

President - Kurt Schiller

Vice President - Margaret Booth

Secretary - Deidre Stevens

Treasurer - Bert Murray

Three Committee Members - Sue Stuckey, Lyn Terrey, Jim Thompson

Public Officer - Don Woolley

Helen vacated the Chair and Kurt took over the meeting. Kurt thanked the attendees and said that like all good politicians he would be away for the first six weeks. Sybil Manton asked whether Margaret Booth would be around during that time. Margaret said she would be.

11. Nomination of Signatories

It was decided to have four signatories ie Kurt Schiller, Bert Murray, Jim Thompson and Deidre Stevens. Jim advised that he had made enquiries at Westpac. Westpac advised that wouldn't charge us any fees and a requirement of opening an account is they see a copy of our minutes plus other relevant paperwork. Don advised he would lodge the application to the Department of Fair Trading on Tuesday. It was advised that a set of accounts will be sent to Fair Trading each Year.

Kurt announced the official Agenda had now been completed. In closing, Kurt thanked the Working Party for their hard work getting us to where we are today.

12. General Business

Phillip Long handed out the July - October program and gave bundles to the leaders to distribute next week. Phillip will also hand out the program at the bbg at the end of June.

Meeting closed at 10.30am

APPENDIX 4 HVB Inc. Certificate of Incorporation



Certificate of Incorporation as an Association

THIS IS TO CERTIFY that the undermentioned Association is incorporated in New South Wales under the Associations Incorporation Act, 1984.

Association Name:

HILL VIEW BUSHWALKERS INCORPORATED

Incorporation No:

INC9887639

Date of Incorporation:

12 June 2007

Issued and given under my hand this twelfth day of June, 2007.

Lyn Bake

Commissioner for Fair Trading

APPENDIX 5 Office Bearers, HVB Inc.

DATE	POSITION	NAME
8 June 2007	President Vice President Secretary	Kurt Schiller Margaret Booth Deidre Stevens
	Treasurer Public Officer Committee Committee	Bert Murray Don Woolley Sue Stuckey Lyn Terrey
1 August 2008	Committee President Vice President Secretary	Jim Thompson Kurt Schiller Margaret Booth Deidre Stevens
	Treasurer Public Officer Committee	Bert Murray Don Woolley Sue Stuckey
	Committee Committee Committee	Lyn Terrey Jim Thompson Helen Aiton
14 August 2009	Committee President Vice President Secretary	Elaine Einspinner Kurt Schiller Margaret Booth Deidre Stevens
	Treasurer Public Officer Committee	Bert Murray Don Woolley Sue Stuckey
	Committee Committee Committee	Lyn Terrey Lawrie Faggotter Helen Aiton
27 August 2010	Committee President Vice President	Elaine Einspinner Kurt Schiller Elaine Einspinner
	Secretary Treasurer Public Officer Committee	John Gillies Bert Murray Don Woolley Sue Stuckey
	Committee Committee Committee Committee	Lyn Terrey Deidre Stevens Helen Aiton
19 August 2011	Committee President Vice President Secretary Treasurer	Margaret Booth Don Woolley Elaine Einspinner John Gillies Bert Murray
	Public Officer Committee Committee Committee	Sue Stuckey Helen Aiton Lyn Terrey Susan Carter
	Committee Committee	Rosemary Stevens Christine Cribb

24 August 2012 President Don Woolley Elaine Einspinner Vice President Secretary John Gillies Treasurer **Bert Murray** Public Officer Sue Stuckey Helen Aiton Committee Committee Lyn Terrey Susan Carter Committee Committee Rosemary Stevens Committee **Christine Cribb** 23 August 2013 President Don Woolley Vice President Sue Stuckey John Gillies Secretary Treasurer **Bert Murray** Public Officer John Gillies Committee Helen Aiton Committee Lvn Terrev Committee Susan Carter **Rosemary Stevens** Committee Committee Barbara Rees 22 August 2014 President **Bert Murray** Vice President Sue Stuckey Secretary John Gillies Treasurer Don Browne Public Officer John Gillies Committee Susan Carter Committee Lyn Terrey Anne Ridley Committee Committee Barbara Rees Committee Mary Gotham 21 August 2015 President Bert Murray Vice President Sue Stuckey Secretary John Gillies Treasurer Don Browne Public Officer John Gillies Committee Susan Carter Committee Helen Aiton Committee Lyn Terrey

Anne Ridley

Barbara Rees

Mary Gotham

Committee

Committee

Committee

APPENDIX 6 Walks Committee, HVB Inc.

(Current and past members)

Margaret Booth
Lawrie Faggotter
Hillie Foggo
Celia Johnston
Jean McDonald
Bert Murray
Kurt Schiller
Anne Ridley
Deidre Stevens
Jill Willington